



WINTER RIMU: GEAR LIST

ACTIVE SOUTH AMERICA - ACTIVE NEW ZEALAND – ACTIVE AUSTRALIA
Worldwide +64 3 450 0414 - Freephone UK 0808 234 7780 – Toll Free US/Canada 1 800 661 9073

ESSENTIAL GEAR

- ❑ **Large trekking backpack:** required for the overnight hikes. Recommended size is at least 60-70 litres/3,500-4,500 cubic inches. If using a rental backpack then a large suitcase/sports bag can be used instead. *[Rental backpacks: US\$35/item + tax includes a waterproof pack liner]*
- ❑ **Backpack liner:** to keep your belongings dry inside your pack. Some heavy-duty plastic bin/trash bags are a good substitute.
- ❑ **Sleeping bag:** required for the overnight hike. Recommendation: 3-4 season sleeping bag rated to ~32°F/0°C. *[Rental sleeping bags: US\$35/item + tax includes freshly washed inner sheet]*
- ❑ **Sleeping bag liner:** recommend for added warmth during the overnight hike.
- ❑ **Daypack:** required for daily use on the bus and for day trips. Recommended size is 30 litres/2,000 cubic inches which should be large enough for raingear, fleece, camera, lunch, water, hat, gloves & personal items.
- ❑ **Hiking boots:** required for most days of the trip. We recommend sturdy boots with good ankle support & solid tread. They should be comfortable, worn-in and waterproofed. NZ Customs are very strict so make sure your boots are clean, dry & packed at the top ready for inspection on arrival.
- ❑ **Running shoes:** for cycling, casual wear and to wear if your boots are wet!
- ❑ **Water sandal/shoes:** ideal for sea kayaking and to wear in the Welcome Hut at night
- ❑ **Rain jacket:** We recommend a hooded jacket which will endure a solid day of rain!
- ❑ **Rain pants:** Don't need to be as waterproof as the jacket, but are definitely essential.
- ❑ **Fleece/down jacket:** something really nice and warm for those cold days/nights
- ❑ **Fleeces/wool sweaters:** 2 x medium-weight fleeces to wear while being active.
- ❑ **Shirts:** 5-7 long or short sleeved shirts **F**
- ❑ **Long pants:** 2-3 pairs, to wear while on activities **F**
- ❑ **Thermal underwear:** two sets of thermal/polypropylene underwear (tops & bottoms) - you'll be using them a lot! (NB. In NZ the locals wear long thermal underwear underneath shorts while hiking – you might like to do the same instead!)
- ❑ **Shorts:** for hiking in – hiking pants that zip-off into shorts are really convenient too. **F**
- ❑ **Swim suit:** for the Welcome Flat hot springs, hot tubs and also to wear kayaking.
- ❑ **Towel travel/beach:** towels are provided at accommodations, but you'll need your own at Welcome Flat hot springs & kayaking
- ❑ **Pyjamas/nightwear**
- ❑ **Underwear sets:** 5-7 pairs, at least one quick-dry pair is ideal **F**
- ❑ **Socks:** 5-7 pairs warm, quality hiking socks
- ❑ **Hat:** warm wool/fleece ski hat
- ❑ **Sun hat:** baseball cap, or similar
- ❑ **Sunglasses:** the NZ sun is quite harsh
- ❑ **Warm gloves:** wool/fleece gloves, 1-2 pair
- ❑ **Thermal gloves:** polypropylene liners
- ❑ **Water Bottle:** at least one litre/quart container (or hydration system if preferred)
- ❑ **Torch/flashlight/headlamp:** required for the overnight hikes at least
- ❑ **Camera:** plus film/memory cards & batteries/charger (240V with NZ plug adapter)
- ❑ **Toiletries:** shampoo, conditioner, toothbrush, toothpaste, soap, facecloth, prescription medications, glasses/lenses, shaving gear, feminine hygiene products. *[Some accommodations provide toiletries but some don't - best to bring your own].*
- ❑ **Personal First Aid Kit:** For any essential items that you know you'll need eg blister treatment if you are prone to blisters *[Your guides also carry a group first-aid kit]*
- ❑ **Sun-block:** SPF 15 UVA/UVB broad spectrum recommended all year in NZ.

FABRIC NOTE: Your active clothing should be made from quick-drying, wicking fabrics such as merino, polypropylene or similar specially designed fabrics. Cotton, denim & other non-wicking fabrics are not recommended as they retain water when wet (rain/ perspiration) which leads to discomfort. At least 1-2 sets of quick-drying gear are recommended for this trip.



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OPTIONAL GEAR

- ❑ **Hiking poles:** not essential, but we highly recommended bringing one or two poles to support your knees during the hike [*Rental poles: US\$20/pair + tax*]
- ❑ **Hiking gaiters:** not essential, but highly recommended for this trip to keep mud out! [*A favourite piece of gear for many clients, so if in doubt bring some along!*]
- ❑ **Ear-plugs:** recommended for light sleepers in public-use huts on overnight hikes
- ❑ **SKI/BOARD OPTION ONLY:** You may like to bring ski gloves, goggles, jacket & pants but all are available for hire in Queenstown if you prefer
- ❑ **CYCLING OPTION ONLY:** We recommend that you bring cycling shorts and cycling gloves for maximum comfort!
- ❑ **Alarm clock**

ESSENTIAL PAPERS

- ❑ **Passport:** USA, Australian, British, Canadian, European passports needs to be valid for at least 90 days on arrival in order to be issued with a New Zealand Visitor Permit. If you have another passport type, please check with your nearest New Zealand embassy.
- ❑ **Air Tickets:** International and domestic
- ❑ **Insurance Documents:** ACTIVE NZ is highly recommends insuring this trip
- ❑ **ACTIVE NEW ZEALAND documents:** Please print the following from your online booking page to bring with you:
 1. **Winter Rimu Trip Summary:** contains essential emergency contact details
 2. **Winter Rimu Itinerary** The most up to date and specific to your trip and direction is available on your online booking page
 3. **Winter Rimu Gear List**

OVERNIGHT HIKES : WELCOME FLAT & MT ASPIRING HUTS

We'll be spending five days and three nights of this trip on overnight hikes in Westland and Mt Aspiring National Parks. During this time we'll be staying in remote, public-use, back-country huts with basic facilities such bunk-style beds with mattresses but no linen, and long-drop bathrooms. Of the essential gear listed above, you will need to take the following items with you on the hike – the remaining gear will be stored securely for you. Rental backpacks & sleeping bags will be provided the night before the hikes begin.

- ❑ Large trekking backpack & liner
- ❑ Sleeping bag & liner
- ❑ Hiking boots
- ❑ Warm hiking socks: at least 4 pairs
- ❑ Sports sandals: for around the hut
- ❑ Waterproof jacket and trousers
- ❑ Fleece top: one hiking, one dry
- ❑ Shorts/trousers: one hiking, one dry
- ❑ Shirt: one hiking, one dry
- ❑ Thermal underwear: two sets
- ❑ Under garments
- ❑ Warm hat and gloves
- ❑ Sun hat
- ❑ Swimsuit: for the hot pools!
- ❑ Small travel towel: for hot pools!
- ❑ Camera, spare batteries and film
- ❑ Torch/flashlight/headlamp
- ❑ Sunscreen and insect repellent
- ❑ Toothbrush and toothpaste
- ❑ Medications/Personal items
- ❑ Water bottle: at least one litre
- ❑ Bowl, cup and spoon (provided by your ACTIVE NZ guides)
- ❑ Hiking gaiters (optional, as above)
- ❑ Hiking poles (optional, as above)

Gear list applicable until end of 2008